TRAINEESHIP IN EDUCATIONAL INSTITUTIONS AS AN IMPORTANT COMPONENT OF THE PROFESSIONAL TRAINING OF FUTURE MASTERS OF PHYSICAL THERAPY

The main tasks of traineeship in educational institutions as an important component of the training of future Masters of Physical Therapy to work with little patients in inclusive education conditions are considered in the article. It is emphasized that the implementation of this type of practice at Ivano-Frankivsk National Medical University is conditioned by the active introduction of inclusive education in Ukrainian society and the urgent need for the provision of quality rehabilitation services in modern Ukrainian society during large-scale hostilities. It is noted that physical therapy specialists’ professional activity is aimed at improving functional conditions and ensuring the general improvement of the human body using physical exercises and natural factors. Working with different age categories of patients/clients, a physical therapy specialist uses physical exercises, manual therapy, massage, and the influence of various natural factors (heat, water, light, high frequencies, and ultrasound) to overcome functional disorders, primarily motor disorders. The development of future masters’ physical readiness for treatment, effective means and forms of adaptive physical education, the ability to develop a methodology of using physical exercises in compliance with the stage of treatment, nosological and age groups, the ability to identify and develop basic capabilities are considered particularly important aspects of the organization of traineeship in educational institutions.

Consulting skills and teamwork in preparing patients, starting from childhood, for physical play and educational activities, the basis for readiness for future independent work activities are considered a separate direction of
professional training of Master of Science (specialization 227.1 "Physical Therapist")

It is noted that the outlined areas of professional training for future Masters of Physical Therapy have acquired special importance in the conditions of the acute phase of the war with active combat operations, as a result of which the number of patients, including children, with functional disorders, is increasing. This process necessitates the formation of future masters’ of physical therapy readiness to provide qualified team assistance in psychological and pedagogical support for children with special needs studying in general educational institutions with an inclusive form of education.

Master’s traineeship at Ivano-Frankivsk National Medical University takes part during the first semester of the first year of study and includes introduction to the rules for organizing the educational process in educational institutions with an inclusive form of education; getting acquainted with the structure of the consulting; an analysis of the teamwork of psychological and pedagogical support for children with special needs; studying the Individualized Education Program for students with special educational needs; analysis of the experience of conducting classes on adaptive physical education and the use of other health-preserving technologies working with students with special needs; establishment of contact and organization of pedagogical interaction with students parents of inclusive groups (classes); independent development of counseling themes for teachers and parents of children with special needs; development of a lesson plan and conducting classes on adaptive physical education for children with special needs and an educational event for different age categories of students aiming at introduction of health-preserving technologies into the educational environment of the institution; popularization of the profession and expanding of knowledge on physical therapy, and occupational therapy among potential patients/clients, as well as in interdisciplinary and general scientific discourse; introduction of new innovative and creative ideas and approaches in professional activity.
The author notes that one of the important principles of professional training of students during traineeship in educational institutions was mastering the methodology of training and conducting classes on adaptive physical education for children with special needs. The future Masters of Physical Therapy were convinced in practice that the content, forms, and methods of adaptive physical education (APE) in inclusive educational conditions are aimed at the formation and development of the motor activity, and psychophysical qualities of children with SEN, promoting their interpersonal communication with peers with normal development, adaptation to the educational and social environment.

Traineeship in educational institutions is an effective form of professional training for applicants for a Master's degree in specialty 227.1 "Physical therapist". During the practice, the students acquire the professionally important qualities of a physical therapist as a potential member of the team of psychological and pedagogical support of a child with special needs in the conditions of inclusive education. They master the necessary professional skills for communication with a teacher, a child's assistant, a psychologist, a speech therapist, a social pedagogue, a child with SEN, and his/her parents or legal guardians. An important aspect of professional training during this type of practice was mastering the method of conducting adaptive physical education classes in accordance with the Individualized Education Program for students with special educational needs.